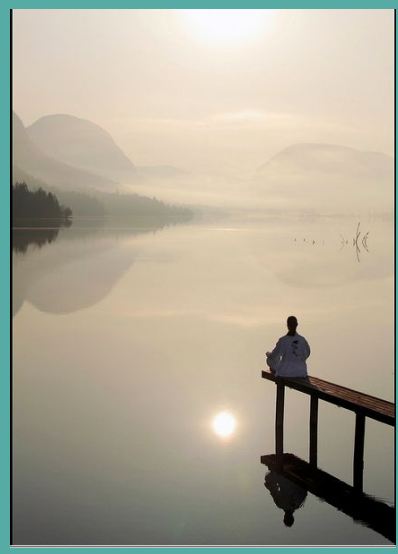




let peace & quiet find you



please join our community of support for half day sittings in 2016.

this is our continued half day silent retreats

**6am to 1pm, oryoki breakfast when
registered**

next scheduled date(s) include:

- **september 17, 2016**



HARTFORD STREET ZEN CENTER
www.hszc.org 415.863.2507

please reserve your spot if you plan to join us for oryoki, otherwise all are invited. to reserve or inquire further reply to this email or write to hszc108@yahoo.com

remember the sangha (community) jewel is a vital part of our zen practice!

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